

TULLAMORE CENTRAL WEEKLY

Tullamore Central School
Hinkler Street Tullamore NSW 2874
Phone: (02) 68925005 Fax: (02) 68925109
Email: tullamore-c.school@det.nsw.edu.au

Executive Staffing

Principal:

Miss Rebecca Freeth

Assistant Principal

Mrs Donna-lee Horsburgh

Head Teacher Secondary Studies:

Miss Natasha Shankelton

Parents & Citizen's Association

President:

Mr Brendan Williams

Secretary:

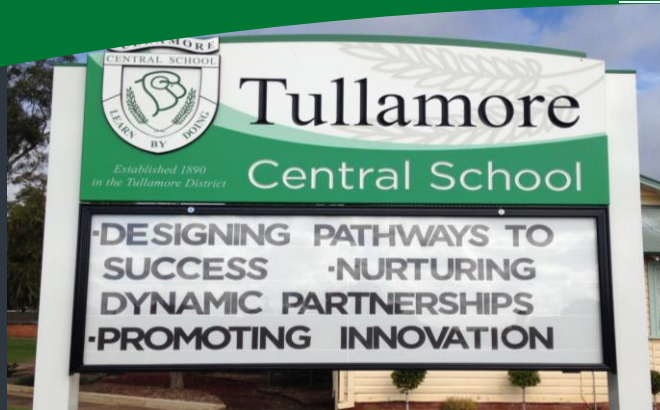
Mrs Hailee Fidock

Treasurer

Mrs Sally McMahon

Tullamore Central School is a Positive Behaviour for Learning School. At Tullamore Central School we are:

RESPECTFUL
RESPONSIBLE
COOPERATIVE
HONEST



In this issue:

Principal's Report	Pg. 2
Primary News	Pg. 2
Secondary News	Pg. 4
Community News	Pg. 8
And Via Email	

OUR SCHOOL IS AN ALLERGY AWARE COMMUNITY

CONGRATULATIONS TERM 1 WEEK 4 AWARD WINNERS



CONGRATULATIONS PRIMARY SWIMMERS



PRINCIPAL'S REPORT

Week 5 is upon us and flying by!

Swimming Superstars

Congratulations to all of the students who participated in the district swimming carnival last week. It was great to see so many students trying their hardest on the day. Extra congratulations to those students who have now made it to the western level and will compete in Dubbo in a few weeks' time, wow!

Homework Sessions Next Week

Next Monday at 3:30pm, our primary staff will be running a session for parents to help support your children with homework. Tuesday afternoon at 3:30pm secondary staff will be running a homework session for our secondary parents to support you to help your children with their schoolwork. Please come along to these sessions where applicable, as they will be of great help when supporting your child throughout the year. These sessions will be held in the library.

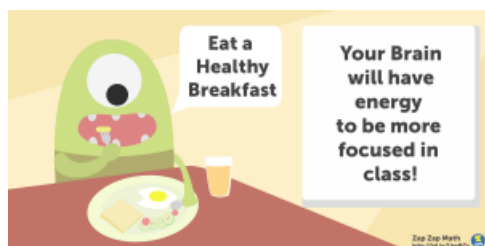
Gates

Thank you to those people who have been using the middle gate to gain access to our school throughout the day. As you may have noticed, all gates are closed and some gates are locked during the day. This is to ensure student safety, as we are so close to such a busy road.

Attendance

Thank you to those of you who are sticking with you 100% attendance! It is so important for your learning that you are here every day unless you are unwell. Of equal significance, it is important that you have breakfast and get enough sleep. There is some great information on sleep on the following website.

<https://www.betterhealth.vic.gov.au/health/healthyliving/teenagers-and-sleep>



Rebecca Freeth
Principal

TERM 1 2020– WEEK 5 P&C NEWS

NOTICE OF ANNUAL GENERAL MEETING

When: Monday 2nd March

Where: Tullamore Bowling Club

Time: 7:00pm

All positions will be declared vacant.

Nominations for President, Vice President, Treasurer, Secretary and Catering Coordinator welcome. Please consider taking on a position or becoming a general member of the P&C.

New parents and community members most welcome.

AWARDS

**Congratulations to all our award winners
Primary and Secondary**

Term 1

Week 4

Actively Engaging in Learning

K/1/2 - Dustin Barwick

3/4 - Evie Aveyard

5/6 - Siara Horsburgh

7/8 - Ava Curr

9/10 - Mackenzie Horsburgh

11/12 - Amber Martin

Secondary Faculty Awards

Excellent class work in Stage 4 Science

7/8 - Ava Curr

Excellent effort in Stage 5 Science

9/10 - Mackenzie Horsburgh

**Excellent effort and application in Biology,
Chemistry and Physics**

11/12 - William McLean

PBL Raffle – Trevor Martin

PRIMARY PIECES

PARENT HOMEWORK INFORMATION SESSION

All primary parents and carers are invited to attend a Homework Information session, on Monday 2nd March. The session will be from 3:30pm - 4:30pm in the K/1/2 classroom. All primary teachers will provide information on homework for their classes

TERM 1 2020– WEEK 5

and offer strategies to support parents assisting with homework. Our Learning & Support Teacher, Miss Mayberry is looking forward to meeting you there also.

LIFE EDUCATION VAN

Next Monday 2nd March the primary students will visit the van. Please ensure all notes and money have been returned by the due date. Please contact the office if you need another note.

THE SAMBA EXPERIENCE

Our students are very lucky to be participating in an interactive music extra-curricular activity next Wednesday. The Samba Experience is interactive and fun – see below!

Students need no prior musical knowledge, just their natural youthful enthusiasm for Tom Harding to have them skilfully performing the energetic Brazilian rhythms that are the Samba.

Students are given a brief history of Samba, before dividing into groups and interacting with a group of instruments.

Students are taught a different rhythm on each of the four groups of instruments and every student gets to play each of the four rhythms on each of the four different instruments.

While totally enjoying playing music together, participants learn the benefits of co-operation and teamwork. Students will also discover the awesome result that is achieved when small groups work together as parts of a larger ensemble.

PRIMARY ASSEMBLY

Wednesday 26th February
2:30pm in K/1/2 classroom

Host Class: 5/6

Chairpersons: Riley Horsburgh
and Beau McMahon



assembly

We look forward to seeing lots of parents and friends at our first primary assembly for the year.

K/1/2 News

Thank you for your support with History homework over the past week. We have viewed many wonderful photos and heard many great stories about special events and history of your family. This week will be the last week we need family/celebration photos and stories, thank you!

Homework

Kinder	sound book
Year 1	spelling /th/, maths unit 1 and readers each night
Year 2	spelling /ee/ /ea/ /e_e/ or silent k list, maths unit 1 and readers each night

All homework is due on Friday, readers can be returned each day for changing.

A reminder our library day is Monday, please send a library bag for students to be able to borrow.

Have an amazing week!



Donna -lee Horsburgh
K/1/2 Classroom Teacher

Year 3/4

We have been concentrating on improving our writing this week, remembering to use capital letters, full stops and punctuation. The students have received homework this week and should refer to the homework grid glued in the front of their homework books for the set tasks that need to be completed and handed in this Friday. This week we are focusing on the 10x tables or the 9x tables. The students know which times table they are to learn.

If you have questions or concerns please contact me via the school office.

Belinda Lindsay ☺
Year 3/4 Classroom Teacher

Year 5/6

Homework

Congratulations to all students for handing in their homework last week and who are continuing to complete nightly reading.

- Spelling LSCWC
- 8 times tables
- Mathematics (operations, 2D/3D shapes)
- 20 minutes nightly reading

Carmel Laing

Year 5/6 Teacher Classroom Teacher

SECONDARY NEWS

Welcome to Week 5.

Secondary Parent Survey

Thank you to the parents that have responded to the online survey on our school Facebook page about using a digital repository (Google Classroom) to advise parents via email what homework and assessments that students have due over the fortnight.

For those parents that are not on Facebook the link for the survey is

<https://forms.gle/1xLw55SFwfVPdtQn8>

We would appreciate it if secondary parents could please take five minutes to do the survey as to gauge interest in this option for notifying parents of material due.

Homework Help – Information session

On Tuesday 3rd March, there will be a Helping Secondary Students with Homework and Assignments session for parents and care providers. It will commence at 3:30pm and run for approximately one hour. In this session, parents will be shown the google education suite and the tools and tips for using it, along with a general Q&A session on how to help. If parents who wish to attend could please RSVP to the front office by Friday 28th February, it would be much appreciated.

Shoe Reminder

Just a reminder to secondary students that you need to ensure that you have enclosed leather shoes for science and technology subjects. This is a WHS requirement. Students are encouraged to wear their correct shoes to school and bring their joggers for

TERM 1 2020– WEEK 5

when they have PE. For students studying Agriculture and Primary Industries in Stages 4 – 6 students need to ensure that they also have a hat for practical lessons.

Natasha Shankelton

Head Teacher Secondary Studies

SCIENCE FACULTY REPORT

Stage 4 Science

This term in Science, we have been investigating the Solar System. Students have been learning about our planets, the moon and the other satellites that are orbiting our earth. They have also been learning about how our sun is a very important star and how it affects our survival and also our weather and climate through sun spot activity. Students have been issued with their assessment task where they have been given an individual planet to investigate for the task.

Stage 5 Science

Stage 5 Science are currently examining the topic of the universe. Here they are building on their knowledge of stage 4 science and learning about stars, light years and how and why we use this measurement, and the technologies that we use to detect activity in our galaxy and beyond.

Stage 6

Access Camp

In Week three all Stage 6 Biology and Chemistry classes attended sessions at Lake Burrendong. Congratulations to all students on demonstrating their mature and committed approach during these sessions with their Stage 6 Science course coordinators! As always, Access camp is a fantastic opportunity for students to engage in hands on learning with their peers and teachers.

Year 11 Biology

This year there are 11 students studying Biology across WAP, with one student – William McLean studying Biology at Tullamore. This term students have begun their studies of Module 1 – Cells as the Basis of Life. They have so far learnt about the difference between Prokaryote and Eukaryote cells, classification taxonomy, cell membrane structures and the processes of osmosis and diffusion. They will be performing some practicals this week that test these processes and the effects on cells of

hypotonic, hypertonic and isotonic solutions using a process called “naked eggs”.

Year 11 Chemistry

Students have begun their studies of the first module on introduction to chemistry, which builds on student skills from their studies in junior science. This last week has seen William McLean our only chemistry student, working on separating liquids using a separating funnel and a gravimetric analysis of a sample of sand, iron and salt.



Year 11 Physics

This year we have one student studying Physics via Aurora College. William McLean has started his studies and is working through module 1. He has been working on the practicals using the dynamics trolley to apply formulae to test the effects of different angles on speed and velocity.

Natasha Shankelton – Science Teacher and Year 11 WAP Biology Coordinator

TERM 1 2020– WEEK 5 AGRICULTURE IN ACTION

WANTED – Old Carpet underlay

Have you recently replaced your vintage shagpile with something a bit more modern? Did your carpet have the old-fashioned hessian backed wool felt underlay? If it did, we would love it for the agriculture plot!

Old carpet underlay made of the natural fibres makes a great weed matting and of course, after the wonderful drop of rain we got we have our old foes the cathead and purslane growing with gusto. Because we try to remain as chemical free as possible in the vegetable beds we are looking at using alternative methods to smother these weeds out and letting them become part of the soil carbon component as they decompose under the weed matting.

If you have any of this old natural fibre underlay, we would love to take it off your hands!

Wanted – Cans & Bottles

As part of our fundraising for the Agriculture program, we will be collecting the 10c return cans and bottles. No need to sort them, as we will do this! Cans and bottles can be dropped in to the Agriculture plot area where there are two bins labelled Cans and Plastic Bottles and Glass Bottles.

Show Team Practices

Permission notes went out last week to senior and junior team members. The dates for term 1 are below. Students will be working with our cattle at the following times during Term 1:

- Thursday 27th February 3:30pm – 5:30pm (Seniors Yrs 7-12 only)
- Friday 28th February 3:30pm – 5:30pm (Juniors Yrs 5/6 only)
- Thursday 5th March 3:30pm – 5:30pm (Juniors and Seniors)
- Friday 13th March 3:30pm – 5:30pm (Juniors and Seniors)
- Thursday 19th March 3:30pm – 5:30pm (Juniors and Seniors)
- Friday 27th March 3:30pm – 5:30pm (Juniors and Seniors)
- Thursday 2nd April 3:30pm – 5:30pm (Seniors Yrs 7-12 only)

TERM 1 2020– WEEK 5

- Wednesday 8th April 3:30pm – 5:30pm (Juniors Yrs 5/6 only)
 - Thursday 9th April 3:30pm – 5:30pm (Seniors Yrs 7-12 only)
 - School Holidays - Friday 17th April 9:30am – 12:30pm (Seniors Yrs. 7-12 only)
- Bathurst Show Preparation – please bring gear for washing and clipping cows

Students are to meet at the cattle paddock gates with their correct equipment.

Natasha Shankelton
Agriculture Teacher

SPORT

Please refer to Term at a Glance for upcoming sporting events.

DISTRICT SWIMMING

Congratulations to all students who participated in the district swimming carnival last Friday. As a team, we finished 3rd overall, a massive effort by everyone involved. A special mention to the following students who placed 3rd or higher. The top two will now go on to the Western Carnival in Dubbo.

Kharlia Parry – 2nd 100m Freestyle, 2nd 50m Backstroke
Ellie Williams – 3rd 50m Freestyle
Siara Horsburgh – 3rd 50m Freestyle
Riley Horsburgh – 3rd 50m Freestyle
Joseph Mortimer – 2nd 50m Freestyle
Tristan Laing – 2nd 50m Breaststroke, 2nd 50m Butterfly, Runner-up Age Champion
Imogen Williams – 2nd 50m Breaststroke
Senior Boys Relay (Beau McMahon, Blake McMahon, Tristan Laing, Lukas Parry) – 3rd
Small Schools Relay (Riley Horsburgh, Clyde Carey, Kharlia Parry, Joseph Mortimer) 1st and a new district record!



SCHOOL CARNIVAL POINT SCORING

It has recently been noted that there are some questions regarding the point scoring at school carnivals. In the interest of transparency I thought it would be best to give everyone a run-down of how it works.

In kindergarten, students are placed into houses based on their siblings, after that, we try to even out the numbers of Macquarie and Lachlan boys and girls in each age group. New students who arrive at the school are also placed in this manner. As we are a small school there are often discrepancies in these numbers. A couple of years ago we were very Lachlan heavy and now we are Macquarie heavy. This is just the nature of our dynamic little school.

How this affects our carnivals is that any eligible students are tallied up for each house. So for example this year at the swimming carnival we had 35 Macquarie students and 21 Lachlan students who were 8 years or older. What we then do is add up the total point score for each team and divide it by this number. This year Lachlan scored 556 points and Macquarie 511. After the handicap was included in the calculation Lachlan was on 29.47619 and Macquarie was on 14.6. This total is the average score of each student in the house.

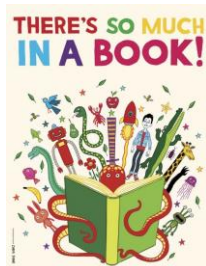
At this same carnival, there were a total of 97 event entries for Lachlan students which means that on average each student is entering in 4.57 events. Macquarie had a total number of 115 entries making their average number of entries 3.29 per student.

Therefore, my advice would be to encourage our students to participate in as many events as possible, as this carries a large weight on the overall result. If the consensus is that this calculation is inequitable, I am always open to suggestions for how we can make this fairer for future carnivals.

Cassie Hinchley
Sports Coordinator



It has been great to see so many students coming to the library during lunch. The students are enjoying reading, drawing and colouring as well as playing cars, games and spending time on the computers.



A few reminders

- * The library is a drink and food free zone.
- * Please bring a library bag when you borrow to help protect the books from being damaged.
- * The library is open at lunch on Mondays, Tuesdays, Wednesdays and Thursdays.

Belinda Lindsay and Julie Porter

Quelch Icy Tubes for sale 😊

Year 3/4 are selling cool, delicious Quelch icy tubes each Wednesday for the rest of the term.

Where: In the 3/4 room

When: Wednesday at recess

How Much: 50 cents each.



Healthy Canteen App

2020 WESTERN DANCE CAMP - BATHURST

Dance camp is being held from Monday 6th April 2020 to Wednesday 8th April 2020.

Students from Years 6 – 12 can attend.

Best suited to dancers with dance experience.

If interested please contact the office for further information.

YEAR BOOK 2019

2019 Yearbook still for sale from front office.
Cost is \$25.00.

FEES IN ADVANCE PAYMENTS

Quite a number of parents take advantage of the fees in advance.

These advance payments can be used for any school purchases eg. Tully's Tucker, uniforms, bus payments.

If parents wish to use this system the money must be paid in advance to the school and not in arrears

KEY:

- School Events
 - Primary Assemblies
 - Sporting Events
 - Community Events
 - Tully's Tucker days

TULLAMORE CENTRAL SCHOOL

Term 1 2020

Week	Monday	Tuesday	Wednesday	Thursday	Friday
5	24/02	25/02	26/02 Primary Assembly @ 2:30pm	27/02	28/02
6	02/03 Life Education Van K-6 Primary parents homework information session	03/03 Secondary parents homework information session	04/03 SAMBA Music Athlete Visit 2:00pm-3:00pm	05/03	06/03
7	09/03	10/03	11/03 Primary Assembly @ 2:30pm	12/03 Secondary Western Swimming Carnival @ Dubbo	13/03 Primary Western Swimming Carnival @ Dubbo
8	16/03	17/03	18/03	19/03	20/03 District Cricket Gala Day @ Peak Hill
9	23/03	24/03	25/03 Primary Assembly @ 2:30pm	26/03 Richardson/ Peachy Shield @ Condobolin	27/03
10	30/03	31/03 Science & Engineering Challenge (Secondary)	01/04 Science & Engineering Challenge (Secondary) 4 T's Gala Day	02/04 Science & Engineering Challenge (Primary)	03/04 Science & Engineering Challenge (Primary)
11	06/04	07/04	08/04	09/04	10/04 Good Friday

COMMUNITY NEWS

CLEAN UP TULLAMORE

Tullamore Inc is proudly supporting Clean Up Australia Day organised by a few keen young primary school students from Tullamore Central.

Registrations will start at 9:30am this Sunday 1st March at Tullamore Memorial Park and take to our local streets.

BYO gloves if you would like, bags supplied.
Pool opens at 11:00am.

Emma Williams
Secretary Tull Inc



TULLAMORE HEALTH SERVICE APPOINTMENTS 2020

Please note the NEW phone number for Tullamore Health Service is now 6892 6400

Family and Childcare Clinic Please contact Tullamore Health Service 6892 6400 to make an appointment.

Parkes Community Mental Health, Drug and Alcohol Contact number is 6861 2570 for any concerns.

1800 Mental Health Information and Support Service Free call 1800 011 511.

Australian Hearing Tullamore MPHS 6892 6400 for an appointment. *Free 15-minute hearing test available.* WE NEED CLIENTS TO BE ABLE TO RUN THIS CLINIC.

Physiotherapy Every Thursday at the Tullamore Health Service, phone 6892 6400 for an appointment.

Crops Playgroup Every two weeks on a Tuesday. Held at the CWA rooms Tullamore. For more information contact Shonel on 0418 412 093 or Tullamore Playgroup Facebook page.

Women's Health Nurse Phone 6892 6400 to make an appointment.

Dietician Phone 6892 6400 to make an appointment. Clinic date is Thursday 26th March 2020.

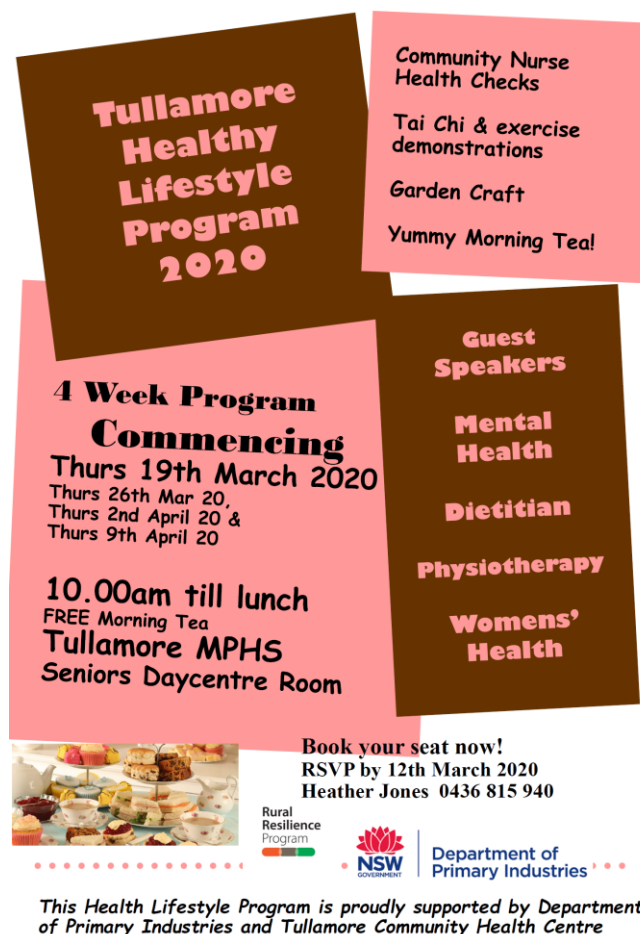
Podiatrist Next clinic Sunday 8th March. Phone Sam on 68634171 or 0427002569 or Tullamore Health Service 6892 6400 to make an appointment.

Youth Mental Health Services Phone 6863 7404

TERM 1 2020– WEEK 5

Continence Advisor Louise (Nurse Practitioner for Continence). Available for an appointment via teleconference at the Tullamore Health Service. Phone 6892 6400 to make an appointment.

Sexual Assault Counsellor Available for appointments. Phone 6861 2400 for more information or for an appointment.



Tullamore Healthy Lifestyle Program 2020

4 Week Program Commencing
Thurs 19th March 2020
Thurs 26th Mar 20,
Thurs 2nd April 20 &
Thurs 9th April 20

10.00am till lunch
FREE Morning Tea
Tullamore MPHS
Seniors Daycentre Room

Community Nurse Health Checks
Tai Chi & exercise demonstrations
Garden Craft
Yummy Morning Tea!

Guest Speakers
Mental Health
Dietitian
Physiotherapy
Womens' Health

Book your seat now!
RSVP by 12th March 2020
Heather Jones 0436 815 940

Rural Resilience Program
NSW GOVERNMENT
Department of Primary Industries

This Health Lifestyle Program is proudly supported by Department of Primary Industries and Tullamore Community Health Centre



FRIDAY FUN-NIGHT
PARKES AQUATIC CENTRE
Friday 6 March 2020

End Summer with a SPLASH!
FREE ENTRY 6-8PM

- + \$5 Dual Racer Inflatable 6-8pm
- + Open Mic/Karaoke 6-8pm
- + Free sausage sandwich from 6.30pm
- + Kiosk serving food until 8pm
- + Movie on big screen 8:10pm

For more details contact Parkes Aquatic Centre 6862 6001

PARKES

CENTRAL WEST Local Land Services

Ag Seasonal Climate Updates

The Central West Local Land Services Ag Seasonal Climate Updates will be covering several climate topics, including interpreting forecasts and seasonal climate outlooks for your farm, and preparing for the seasons ahead - what options do you have?

- **Bedgerabong** - Tues 10 March 2020
Bedgerabong Hall, 8.00am to 10.30am
- **Albert** - Tues 10 March 2020
Albert Golf Club, 3.00pm to 5.30pm
- **Coolah** - Tues 17 March 2020
Coolah Sports Club, 12.00pm to 2.30pm
- **Quambone** - Wed 18 March 2020
Quambone Hall, 9.30am to 12.00pm

Speakers include Anthony Clarke NSW DPI (Team Leader - Climate Applications) and the Central West Local Land Services Ag Advisory Team

facebook.com/CentralWestLLS

twitter.com/CentralWestLLS

instagram.com/centralwestlls

www.lls.nsw.gov.au/centralwest



This project is supported by Central West Local Land Services, through funding from the Australian Government's National Landcare Program



RSVP

This is a free event with light refreshments provided. Please RSVP for catering purposes to:

ROHAN LEACH
SLSO Regional Landcare
Facilitator
E: rohan.leach@lls.nsw.gov.au
M: 0417 021 795

TRY JUNIOR RUGBY WITH FORBES RUGBY

Forbes Junior Rugby Club welcomes boys and girls for the 2020 season.

Come along to one of our registration days (see details below) or steps on how to self register can be found on our juniors/walla page at www.forbesrugbyclub.com.au
For more information please contact Nat Walker via email: forbesrugbyjuniors@hotmail.com



Registrations Now Open

- **WALLA 5 - 10 Years**
- **JUNIOR**
 - Under 12's
 - Under 14's
 - Unders 16's

REGISTRATION DAYS

FORBES SERVICES MEMORIAL CLUB

Saturday 15th February 2020 |
11.00am - 1.00pm

Thursday 20th February 2020 |
3.30pm - 5.00pm

To Self Register go to myaccount.rugby.com.au



FEES
\$125.00**
includes:
Shorts | Socks |
Training Shirt

*** \$100 off registration fees with your free Active Kids voucher.
See Active Kids www.service.nsw.gov.au

Become a foster carer

There are children in your region who are urgently looking for a safe and caring home.

Talk to our foster care team today.

fostercare@challengecommunity.org.au

CHALLENGE
Community Services | Foster Care

www.challengecommunity.org.au