

TULLAMORE CENTRAL WEEKLY

Tullamore Central School
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Executive Staffing

Principal:

Miss Rebecca Freeth

Assistant Principal

Mrs Donna-lee Horsburgh

Head Teacher Secondary Studies:

Miss Natasha Shankelton

Parents & Citizen's Association

President:

Mr Brendan Williams

Secretary:

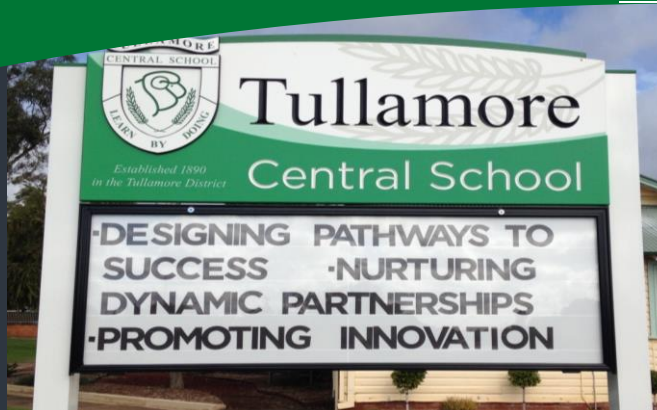
Mrs Hailee Fidock

Treasurer:

Vacant

Tullamore Central School is a Positive Behaviour for Learning School. At Tullamore Central School we are:

RESPECTFUL
RESPONSIBLE
COOPERATIVE
HONEST



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OUR SCHOOL IS AN ALLERGY AWARE COMMUNITY

WEEK 11 AWARD WINNERS



TUESDAY 1st MAY 2018 – TERM 2: WEEK 1 2018

COMING EVENTS 2018

TERM 2

MAY

- 11 Athletics Carnival
23 Grandfriend's Assembly and Morning Tea

PRINCIPAL'S REPORT

Welcome back to week 1 term 2!

I hope everyone has had a relaxing break and has returned fresh and ready for another fantastic term.

Staff Development Day

On Monday staff travelled to Tottenham for a combined professional learning day with our Western Access Program counterparts. It was a great opportunity for all staff to interact with their peers and to participate in subject and stage specific professional development designed to increase staff capacity. Our office staff attended the SASS conference which was also a great opportunity to meet with peers regarding the numerous changes in school operations.

Enjoy your first week back. I am looking forward to getting to know the students, staff and community over the coming weeks.

Rebecca Freeth
Principal

AWARDS

Congratulations to all our award winners
Primary and Secondary

Term 1
Week 11

Leading By Example

- K/1/2 - Ellie Williams
3/4 - Beau McMahon
7/8 - Mackenzie Horsburgh
9/10 - Paris Curr
11/12 - Lachlan Curr

SAVE THE DATE - Grandfriend's Assembly

Tullamore Central School invites parents, grandparents, family, grandfriends and friends to our annual Grandfriend's Assembly and morning tea on Wednesday 23rd May 10:00am.

PRIMARY PIECES

K/1/2

Oh how I've missed thee! It feels so good to be back in my classroom and with my sweet little children. I am really looking forward to a productive, fun-filled term with lots of learning and laughter. I thank Mrs Radford and Mrs Durning for the fantastic work they did in term 1, the students loved having them as their teachers and have made a wonderful start to the year as a result of these two great teachers. Thank you ladies.

The students will continue to have homework and routines as per term 1, should anything need to change notice will be given through the newsletter.

Athletics Carnival Organisation

Students under 8 years of age will attend school as normal on Friday 11th May. At approximately 12:30pm students will be taken to Pola Park to have lunch and then participate in some running races and watch the relays. All students will be dismissed from Pola Park, so will need to be collected from there or catch the bus.

Have a great week.

It's so good to be
home

Donna-lee Horsburgh
K12 Teacher ☺

Year 3/4 News

Homework:

Maths- Unit 10

Spelling- Look,Say,Cover,Write, Check

Public Speaking- Students need to have their speeches ready for Thursday

Reading- Read every night!

Don't forget about homework centre each Monday afternoon!

PIE DRIVE

We are holding a Pie Drive again to fundraise for our excursion in Term 4. Please order some delicious pies and support our class! They are great to put in the freezer and keep for a cold day! An order form will be included in this newsletter.

Thank you,

Lauren and Mitchell Flavel
Year 3/4 Teachers

CWA Public Speaking

The CWA Junior Public Speaking Competition will be held in Trundle on Tuesday 22nd May 2018.

Two students from 3/4 and two students from 5/6 will be selected to represent Tullamore Central School.

Students are to write a 2 minute speech on one of the following topics:

Year 3/4

I found a note under my pillow

A day in the life of a ladybird

I didn't mean to.....

Year 5/6

Why junk food?

Don't blame me!

Twenty five years from now

Students have the holidays to prepare their speeches. Students will present their speeches on Thursday 3rd May 2018.

If you have any questions please contact Mrs Laing.

Carmel Laing
Primary Public Speaking Coordinator

Year 5/6

Welcome back to Term 2. I hope everyone had a great break, ready for a busy and exciting term ahead.

Year 6 students will be receiving a note about their year 6 T-shirt this week. Please return it as soon as possible so we can order quickly.

A reminder that students are to have their CWA speech ready this Thursday. Topics have been handed to the students. I look forward to hearing some interesting and engaging speeches.

Homework

- LSCWC
- 6 times tables
- Measurements (volume and capacity)

Have a great week!

Carmel Laing

Classroom Teacher

SECONDARY NEWS

Don't forget - Senior Study Centre

For students in Year 11 – 12 there will be an additional session on Wednesday afternoons from 3:15 – 4:30pm for senior study time with Miss Shankelton if students need assistance with assessments or work in general. The sessions are held in the library on Wednesday's Week A. If seniors could please advise Miss Shankelton if they are attending prior to each session.

Assessments Due this Term (7-10)

Stage 4

Day Term Week	Monday	Tues	Wed	Thursday	Friday
1	SDD				
2				HSIE AT 3	
3			TECH MAND AT 1		
4			PDH AT 2		
5			TECH MAND AT 2		
6	7 LOTE AT 2	Scienc e TT 2			ART AT 2
7					
8				HSIE AT 4	English AT 2
9	Music AT 2				Maths AT 2
10					8 STEM Project 2

Stage 5

Day / Term Week	Monday	Tues	Wednesday	Thursday	Friday
1	SDD				
2					
3				FOOD TECH AT 2	
4					English AT 2
5					
6			Science TT 2	Agriculture AT 2	PDH AT 2 ART AT 2
7					
8					HSIE AT4
9					Maths AT2
10	PASS AT 2				

Work Health and Safety – Shoes for Practical Subjects

Students need to ensure that they have their hats and boots for practical agriculture, along with boots for any other practical subjects such as food tech and industrial tech. They are also required for practical science where chemicals and sharps are in use. Please ensure that students have their enclosed leather shoes either on their feet or stored at the student pigeon holes so that students have them when required.

Handling Study Stress

At times students, particularly those in the senior years will be under stress due to their study loads. To assist students in coping with this stress Headspace in Dubbo offers a free study stress advisory line that students can either call or access via the Headspace Dubbo Facebook page. The Facebook page is www.facebook.com/headspacedubbo and the contact phone number for the centre is 0258521900 (between 9am – 5pm Monday – Tuesday, 9am – 6pm Wednesday, 9am – 7pm Thursday and 9am – 2pm Fridays) This is a great service offered for

TERM 2 2018 – WEEK 1

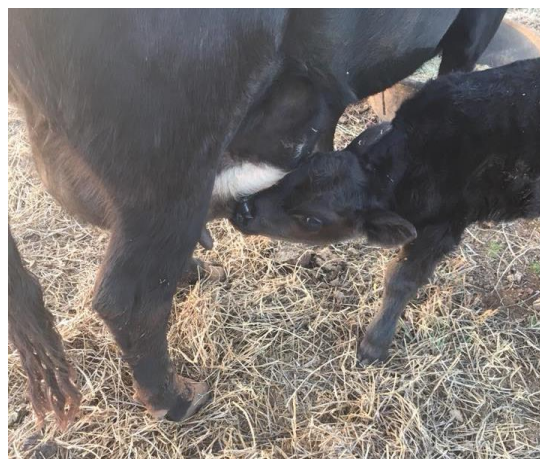
students and if they are feeling stressed about their study load I encourage them to give the Headspace centre a call.

Have a great week!

Miss Natasha Shankelton
Head Teacher Secondary Studies

AGRICULTURE IN ACTION

This term has kicked off with some very exciting news. Kandy and Klover have delivered us with a lovely bull calves. Kandy's has been named Prince as he landed about the same time as the new Royal baby and Klover's has been named Patrick (Paddy). Prince and Paddy will become part of our show team and will be shown at Tullamore Show in the Cow with calf at foot classes.



Prince



Patrick (Paddy)

TERM 2 2018 – WEEK 1

Cattle Show Team Practice

Thank you to those students who returned their surveys. Students will be given a new after school hours activities permission note later in week 1 with the scheduled times. Some times may not suit everyone, however if students can try to make it to at least 2 sessions a week that fit in with home schedules that would be great. We are going to be very busy getting ready for term 3 along with our beginners learning their ring craft and training our calves and heifer.

Dubbo Prime Lamb Competition

Students in Year 11 have received their permission note at the end of term 1 for the Dubbo Prime Lamb competition. This will be held on the same day as the athletics carnival, however we will not be leaving until 12:30pm. Students will have the option of attending the carcass feedback session and awards ceremony for the competition or remaining at the athletics carnival.

RYCOTT Camp

In week 1 term 2 Lachlan Curr, Sam Horsburgh, and Amie Walker are off to the annual RYCOTT camp. The Rotary Club at Narromine has been organising these immersion activities for several years now and it is great to see our Tullamore students being represented at these camps. For students that intend to work in agricultural industries, these camps are the start of networks in the industry and the beginning of friendships with like-minded students. To our students attending, enjoy your time at the camp and learn more about the NSW Cotton Industry.

Fundraising

This term the agriculture class and show team will be doing some fundraising for the program, to assist with feed costs due to the extended dry period and to begin raising funds for travel costs to next year's Dexter Championship show.

To facilitate this we will be running a lamb raffle – processed to the winner's specifications by Tablelands Premier Meats, a plant stall of a variety of plants and succulents, and later in the term once a date is set, a trivia night.

To help out we are requesting donations of plant cuttings that will strike along with succulents for the plant stall. Our year 9/10 class will be doing a unit

on propagation so this will fit in well for their upcoming unit on this.

For the trivia night, if any local businesses would be able to donate some products or vouchers for prizes it would be much appreciated.

Our egg sales will be back later in the term once our new laying birds arrive and they settle in and start to lay. These will be for sale for \$4 a doz.

We thank our wonderful community in advance for any assistance with this.

Miss Shankelton
Agriculture Teacher

SPORT

SPORTS PERSONS OF THE WEEK

Secondary: N/A
Primary: N/A

Upcoming Events

PRIMARY

School Athletics Carnival
11th May
Pola Park Tullamore

Netball v Parkes
18th May
Parkes

District Cross Country
1st June
Tottenham

Western Cross Country
13th June
Geurie

District Soccer Gala Day
22nd June
Trangie

Sand Green Golf
29th June
Trundle

SECONDARY

School Athletics Carnival

11th May

Pola Park Tullamore

Opens Central Schools Touch

31st May

Dubbo

Western Cross Country

13th June

Geurie

Opens Central Schools League 7s

21st June

Dubbo

Opens Central School Netball

27th June

Dubbo

Sand Green Golf

29th June

Trundle

Cross Country Results

Well done to all our students who participated in the school cross country last term. It was great to see so many enthusiastic runners amongst us. Congratulations to the MACQUARIE house for taking out the overall championship! Our age results are listed below. Primary students who have qualified for the district carnival will receive a note shortly. Secondary students who would like to compete at the western carnival need to speak to Mrs Hinchley.

Kindergarten: Jessinta Fidock + Jimmy Aveyard

Year 1: Chelsey McMahon + Daniel Martin

Year 2: Ellie Williams + Braith Bye

8 Years: Siara Horsburgh + Tristan Laing

9 Years: Imogen Williams + Sam Mortmier

10 Years: Sophie Laing + Beau McMahon

11 Years: Ava Curr + Dylan Davison

12 Years Primary: Trevor Martin

12 Years Secondary: Logan Parry

13 Years: Jeffrey McLean

14 Years: Amber Martin

15 Years: Paris Curr + Charlie Harvey

16 Years: Anthony Paterson

17 Years: Kira Powell + Lachlan Curr

4Ts Gala Day

Last term we hosted the 4Ts gala day here at Tullamore. It was a great day and I was very impressed with our student's participation and sportsmanship throughout the day. The comments made by staff from the other schools about how impressed they were with our students was a great indication of just how great we are at Tullamore. Well done to everyone involved!

School Athletics Carnival

The school athletics carnival will be held next Friday the 11th of May at Pola Park. As per usual we will need to conduct a couple of events at school prior to this day. The following events will be ran at school:

Primary Long Jump – During PE lessons next week

Secondary Javelin – During Sport next week

Secondary Long Jump – During PE lessons next week

Students are requested to arrive at POLA park no later then 9am. School buses will be arranged to pick students up and drop them off at the venue. Students are encouraged to come dressed in their house colours and bring along a great cheering attitude. The P and C will be running a canteen with lots of delicious food and drinks so please bring some money along and support the great work that they do! Thank you in advance to all the wonderful community members who come along and volunteer their time to help out and cheer the students on. We are hoping to do another staff v students v parents relay this year, but don't worry, it won't be overly strenuous ☺

Soccer Clinics

This Friday we kick off with soccer clinics which will be available for all students. We are very lucky to have Miss Rona Jackson on board to run these sessions. Rona has a university degree in sports coaching and being from England, she will no doubt have great expertise in Soccer. Primary will be involved during school sport and secondary will have the opportunity to participate after school. This will run from 3:05 – 4:00pm. Permission notes for secondary participation will be handed out today.

RICHARDSON CUP/ PEACHEY SHIELD



NEWS

Welcome back to Term 2!

This term we are encouraging students to keep reading and recording books for the Premier's Reading Challenge.

K/1/2 and some 3/4

students have already finished which is wonderful! Students have until the end of August to complete the challenge so there is plenty of time to read and record their books for entering online. All students from Year 3 – 9 are required to read 20 books – made up of 15 PRC books and 5 personal choice books. There is a selection of PRC books in the primary classrooms and lots more available in the library.



Primary borrowing:	Week 1	Week 2
K/1/2	-	Monday
3/4	Thursday	Monday
5/6	Tuesday	Tuesday

Please remember to bring a library bag.

Reminders

* The library is open at lunch each Monday, Tuesday, Wednesday and Thursday for students to visit, borrow and return books.

TERM 2 2018 – WEEK 1

* The Wish List is on the notice board for students to add books that they would like to have in the library.

* The Library is a drink and food free zone.



Have a lovely week! ☺

Mrs Lindsay and Mrs Porter

WASTE TO ART WINNER

Congratulations to Connar Cashman (Year 10) who was the **High School Functional Winner** with his White Polystyrene Cup Chair in The Parkes Waste to Art & Design Exhibition and Competition. Connar now moves on to the Regional Waste to Art which will be judged in June at Cowra. Well done Connar!

COMMUNITY NEWS

Tullamore Health Service Appointments 2018

Phone 6891 3100 (Please note change of phone number)

Australian Hearing – phone Tullamore MPHS on 6891 3100 for an appointment for a **Free 15 minute hearing test.**

Physiotherapy – Every Thursday at the Tullamore Health Service, **phone 6891 3100** for an appointment.

Crops Playgroup - PLEASE NOTE: There are no playgroup sessions in Tullamore until further notice, for more information contact **6862 1872.**

Family and Childcare CLINIC - Phone Julie Strudwick (HSM) at the Tullamore Health Service on 6891 3100 for information on the clinic.

Women's Health Nurse - Phone 6891 3100 to make an appointment. Next clinic is Tuesday 15th May afternoon clinic commencing 1:30pm.

Dietitian – Next clinic is on Friday 4th May 2018 Phone Tullamore MPS on 6891 3100 to make an appointment.

LET'S DANCE!

Cont. **THIS Thursday 3rd May**

Podiatrist – Sam (Podiatrist) visits the Tullamore surgery phone 6892 5285 or 6863 4171 to make an appointment. Next visit is Wednesday 25th April.

Youth Mental Health Services - for more information phone 6863 7404.

Carer's Group - Phone Margaret McAneney on 6892 5246 or Vicki on 6861 2555 for more information.

Continence Advisor - Louise (Nurse Practitioner for Continence) is available for an appointment via teleconference at the Tullamore Health Service on. Phone 6891 3100 to make an appointment

Sexual assault counsellor - is available for appointments. Phone 6861 2400 for more information or for an appointment.

NSW FARMERS MEETING

The Annual General Meeting of Tullamore NSW Farmers will be held on

Wednesday 16th May 2018

7:00pm at the Tullamore Bowling Club.

All are welcome.

For further enquiries please phone Phill McCosker on 6892 5138

HELP KEEP THE TULLAMORE IRISH FESTIVAL GOING!

Enthusiastic community members are needed to fill positions on the committee for the Festival to continue in any format. Participating in any way will help.

Tullamore Irish Festival Annual General Meeting, tonight, Tuesday 1st May 2018 at the Tullamore Hotel at 7:00pm.

Apologies to 0429 925 138.

The principal of the Western Studio of Performing Arts, Angie White will be offering jazz and ballet classes to the children of Tottenham and surrounding areas again this year.

The classes will be take place at the Tottenham Hall every second Thursday at the following times. *These times may change depending on numbers in each group.*

2:45pm – 3:15pm	Jellybeans ☺ preschool☺
3:15pm – 3:45pm	5-7 Ballet
3:45pm - 4.15pm	5-7 Jazz
4:15pm - 4.45pm	8-10 Jazz
4:45pm - 5.15pm	8-10 Ballet
5:15pm - 5.45pm	Seniors Jazz
5:45pm - 6.15pm	Seniors Ballet

Fees are \$10/lesson with a one-off \$20 enrolment fee.

Fees will need to be paid at the beginning of each term.

Please contact Angie ASAP if you would like your son or daughter to be a part of these fun and fantastic dance groups.

angela.white1@bigpond.com or
ggradford@bigpond.com





Health
Western NSW
Local Health District

Dental Contact Centre

For all requests for public dental services you must ring our Dental Contact Centre on:

1300 552 626.

It is best to ring from a landline or public telephone as this will be the cost of a local call only.

Calls from mobile phones can be expensive.

When you ring the Dental Contact Centre, if you do not wish to wait on hold, you can follow the instructions and leave the telephone number you would like the staff to call you back on (for example you could leave your preferred number such as your mobile phone number).

Please enter your number carefully using your telephone key pad when instructed to do so. Listen and check you have entered your number correctly before hanging up.

Please then be ready to take the return call, which is almost always within the next 30 minutes.

The Dental Contact Centre is open from 8.00am – 4.30pm on normal business days. You will need to give details from your Medicare Card and Centrelink concession card when you ring, so please have both these cards handy. (A Centrelink Concession card is not required for children under 18 years.)

Document Title: PATIENT INFO REGARDING CONTACT CENTRE			Custodian: Oral Health Services
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Mental Health Bingo

Tullamore MPHS invites you to participate in our health promotion activity for May: **Maintaining Good Mental Health**. Cross out each activity you do during May and return your completed Bingo card to the Tullamore MPHS by June 3rd to be entered in our firewood raffle. Thank you for your participation. Here's to a happy and healthy May.

Take a Walk	Spend 30 Minutes Relaxing	Share a Cuppa and a Conversation with a Friend	Learn to Recognise the Signs of a Mental Health Emergency and What You Can Do to Help	Make a Change: Spice Up your Daily Routine by Doing Something Different
Lose Yourself in a Book	Send a Thank You Card	Spend Time Outdoors	Spend 20 Minutes Doing Something You Truly Enjoy	Spend Time with People Who Make You Laugh and Bring You Joy
Get a Good Nights Sleep	Eat a Healthy Home Cooked Meal	Try Meditating, Mindfulness, or Another Stress Reduction Strategy	Challenge Your Brain: Learn Something New	Dance or Sing Like Nobody is Watching
Say No to Negativity and Yes to Positivity	Start a Gratitude Journal	Attend an Exercise Class or Visit the Gym	Get "Back to the Table" Have a No Tech Evening with Family or Friends	Spend Some Time Volunteering or Helping Someone

**LETS
HELP
THE
Cancer
Council**



Monday

21 May 2018

10.30am

CWA Rooms

Tullamore

\$5.00 ENTRY!!

**Come along and
have a chat and
a cuppa!**

(Please bring a plate)

**Biggest
Morning
Tea
Raffles
\$2.00
per
ticket**

This morning tea is proudly supported by Tullamore CWA, Tullamore Community Health & Tullamore Social Friendship Group.

