

TULLAMORE CENTRAL WEEKLY

Tullamore Central School
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Executive Staff

Principal:
Mr Peter Nichols

Assistant Principal
Mrs Donna-lee Horsburgh

Head Teacher Secondary Studies:
Miss Natasha Shankelton

Parents & Citizen's Association

President:
Mr P.J. Edwards

Secretary:
Mrs Melissa Alvey

Treasurer:
Mrs Cindy Larkings

Tullamore Central School is a Positive Behaviour for Learning School. At Tullamore Central School we are:

RESPECTFUL
RESPONSIBLE
COOPERATIVE
HONEST



OUR SCHOOL IS AN ALLERGY AWARE COMMUNITY

WELL DONE TO OUR WONDERFUL WEEK 5 AWARD WINNERS



LEST WE FORGET. REMEMBRANCE DAY 2014



TUESDAY 11th NOVEMBER - TERM 4: WEEK 6, 2014

COMING EVENTS

2014

Term 4 Week 6

Thursday 13th November

4T's Band Day at Yeoval

Friday 14th November

K/1 Excursion to Dubbo
"Pete the Sheep"

Week 7

Monday 17th November Year 7 – 10 Exam week

Thursday 20th November Gobondery Shield at
Tullamore (Primary)

Friday 21st November 'Rocket' Day

Week 8

Monday 24th November Intensive Swimming
Program starts (2 weeks)

Wednesday 26th November
Gobondery Cup at
Tullamore (Secondary)

Week 9

Monday 1st December Year 9/10 Work
Experience commences
(2 weeks)

Tuesday 2nd December P&C meeting at the Club
Last day for Library
borrowing

Week 11

Tuesday 16th December Presentation Night 7:30pm
at the Bowling Club

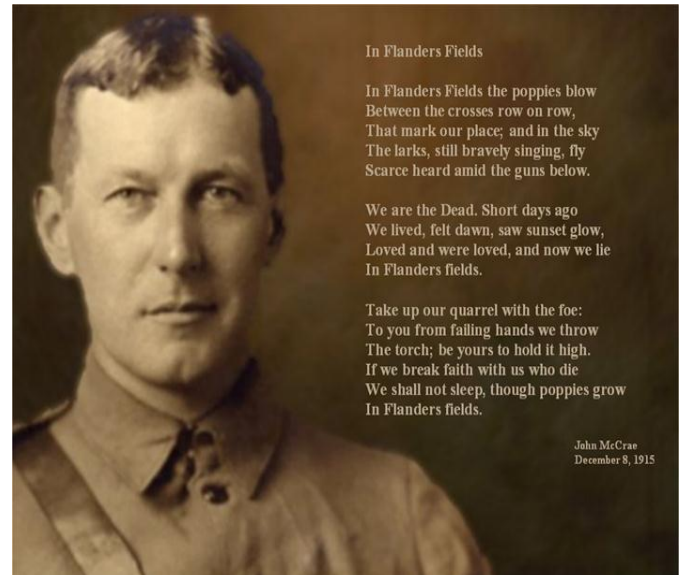
Wednesday 17th December
Infants Christmas party
Market Day
Last day of 2014 for
students

Thursday 18th December Staff Development Day

2015

Tuesday 3rd February Staff return for 2015
(Western)

Wednesday 4th February Students return 2015
(Western)



Early Action for Success

To support our Primary teachers with the implementation of National Curriculum in particular literacy and numeracy, our staff have formed a collaboration with the 'Instructional Leader' at Narromine Public School, Amanda Turnbull. Her position supports literacy and numeracy strategies for children especially in Kinder to Year 2 and she will be working with our staff on best practice in curriculum development in the vital Infants/Primary years. We look forward to working with Amanda over the coming school year.

2015 Primary classes

In Term 1 (and hopefully for all of 2015, this cannot be confirmed as yet) we will be running 3 Primary classes. Although our Primary enrolment numbers are marginally short of a fully 'department-staffed' 3rd class, a decision has been made to temporarily staff a 3rd class from a variety of school based sources. This is a significant investment of

PRINCIPAL'S REPORT

Remembrance Day

Thanks to Mr Richards and Morgan, Hannah and Kim for running our Remembrance Day 2014 ceremony today. This is always a very solemn reminder of the terrible losses that war inflicts on individuals and families.

school financial and staffing resources and one which after consultation with parents, staff and students, appears to be well supported. To start term 1, teachers for Primary classes will be as follows: K/1 – Mrs Horsburgh; 2/3/4 – Miss Gaiter (M/T/W), Mr Flavel (Th/F); 5/6 – Mrs Laing (M/T/W), Mrs Lindsay (Th/F).



These guys can't wait for 2015 !!!

Winners are Grinners

Congratulations to our assembly award winners for week 4

Principal's Awards –Wonderful reading with Principal – More next week !

Primary Awards – 'Working cooperatively in group activities' – Kalista Perks, Ernie Jones, Bailee-Jane Merriman

BRATS Awards – Mackenzie Horsburgh, Beau McMahon, Dominic Lopez, Angel Clifton, Hannah Walker, Lisa Edwards, Connor Cashman, Dan Walker, Harry King

Talk Like a Learning Pro!

On the last page of the newsletter is some information which may assist parents when 'doing battle' with children over homework. Sometimes the way we respond to what can be very normal gripes that children have can make all the difference. Worth a try!

Quote of the Week



Peter Nichols
Principal
Tullamore Central School

P&C NEWS

The P&C has begun its plans for the 125 years of education in Tullamore celebrations that will be held on the October long weekend in 2015. We are asking for volunteers to help out and join a sub-committee that can plan and organise this event. If you are interested in being on this sub-committee then we would really love to see you at our next meeting.

Thank you to the very generous Irish Festival committee who kindly donated back their donation from the P&C for their help with the Great Endeavour Rally.

The next P&C meeting will be Monday 1st December at 7:00pm at the Tullamore Bowling Club. All apologies to Mel Alvey on 68925562 or jmalvey@bigpond.com

Mel Alvey
P&C secretary

PRIMARY PIECES

Intensive Swimming

This term we will once again run the Intensive Swimming Program. The program will run from Monday 24th November until Friday 5th December at the Tullamore Pool. Mr Flavel, Mrs Horsburgh and Miss Gaiter will be delivering the program. Not all primary students are involved in the program as many

met the expectations of the program last year. Students involved in this year's program will be given a permission note with further details today.

K/1 News

Excursion

Our excursion is this Friday 14th November. Children will need to wear school uniform and have recess and lunch packed, along with a water bottle. The weather is predicted to be hot so it may even be a good idea to freeze a water bottle. Please ensure hats and sunscreen are worn. It would be appreciated if children packed their lunchboxes in a small bag rather than their larger school bags. The bus will depart school at 9:00am and is due to return at approx. 4:30pm.



Donna-lee Horsburgh
K/1 Teacher

Year 2/3/4 Information

The term is flying by very quickly and everyone has been working really hard. Our class will be able to show you their hard work next week, at the assembly that we are hosting!

Homework

Year 2

- Maths homework-32
- LSCWC and 2 activities
- Home Reader- returned each day

Years 3 and 4

- Maths homework- Unit 33
- LSCWC and 2 activities
- *Read for at least 10 minutes each night*

Project

Don't forget that the diorama projects are due next Wednesday. I look forward to seeing everyone's wonderful creations!

Have a great week,
Lauren Gaiter

Year 5/6

Next week we will be trialling Mathletics and Edmodo. Students will be shown exactly what to do in class. Every student has indicated that they have access to some form of internet, whether it be through mobile phones, computers or the public library (Wednesday afternoons). If your child does not have internet access the school library is open at lunch time on Monday, Tuesday and Thursday.



In order for students to receive a sticker on the homework chart students must complete ALL areas of their homework:

1. Write out spelling words each night and have a pre-test on Thursday
2. Reading Log
3. Mathematics (Unit 32)
4. Times Tables: 8s and 9s
5. Practice the recorder if you have one at home.

Thanks

Carmel Laing and Belinda Lindsay ☺

SECONDARY NEWS

There are a few short reminders that follow in this section for secondary students and their parents:

Student Stationary Supplies

Students are reminded that they need to provide their own stationary supplies, eg. Pens, pencils, glue sticks etc. These need to be brought with them to EVERY lesson. Too many students recently have been not prepared for learning as they have not had their required equipment. Remember our PBL Classroom expectations – Being Responsible is being prepared for learning!

Examinations

Secondary yearly examinations are fast approaching. Students are reminded that these exams will occur in week 7 of this term. If

students are away due to illness during this time they must obtain a doctor's certificate to attach to their illness/misadventure form.

Year 7/8 Rocket Day

The annual Science Rocket Day Challenge vs Trundle and Tottenham Central Schools will be held on Friday 21st November. Details will follow over the next newsletters for student requirements for the day.

Mr Richards – Relieving Head Teacher

For the next 3 weeks I will be HSC Marking. During this time Mr Michael Richards will be Relieving Head Teacher Secondary Studies. If you have any concerns during this time, please contact Mr Richards, who will be able to assist you with your enquiries.

Have a great week!

Miss Natasha Shankelton
Head Teacher Secondary Studies

SPORT

Upcoming Events

Primary

Gobondery Shield on Thursday 20th November at Tullamore

Intensive Swimming 24th November to 5th December

Secondary

Gobondery Cup on Wednesday 26th November at Tullamore

Super 8s Cricket Finals on Tuesday 2nd December at Dubbo

Please see Miss Richards for more information regarding any of these dates. If you are interested in attending Western Region trials for a specific sport please contact me directly. A calendar of these events is linked below:
<http://www.sports.det.nsw.edu.au/western/calendar/index.htm>

Super 8s Cricket

Yeehaa! Our under 14s team has made it to the state central schools finals. Well done to all the students who participated last Tuesday in the new super 8s competition. The Finals will also be held in Dubbo on Tuesday 2nd December. Students who are under 14 but don't wish to compete are also being invited to attend to cheer on their class mates and also help run the canteen as this will be a great fundraiser for next year's secondary excursion.



Cassie Richards
Sports Coordinator

LIBRARY LINKS

The end of the year is near and we are busy sorting and re-shelving the library collection. A new set of dictionaries and thesauruses are being processed for use in the secondary as well as novels and general library resources.

Thank you to Isabella, Cameron and family, and Anna Williams for donating two lovely books to the library from the Book Fair. We appreciate your support.

The last day for borrowing will be Tuesday 2nd December in Week 9. If you happen to come across any library resources during your pre-Christmas clean-up please send them into the office. We have already had a good response to our quest for missing primary readers. Thank you to those who have located and sent in overdue and missing books.

Janette McCosker and Deanna Bye



Each week there will be a newsletter article promoting courses run across the Western Access Program. This program is highly successful in delivering a wider curriculum across our schools, maximising student choice and achievement.

Agriculture - Jin-Kyung Jung - Trundle

Agriculture is one of the key industries that drive Australia's economy. It has even bigger influence in Central NSW as the livelihoods of its inhabitants are closely linked to farming and its attribute industries. This year, Preliminary Agriculture students studied Agriculture from multiple perspectives - they looked at different internal and external systems of Agriculture and learned about different management practices and strategies in Animal and Plant enterprises. Students also had a chance to observe and analyse various farming practices in a local farm during Farm Case Study unit, through which they applied and linked taught knowledge into practical settings. Students will continue to develop their knowledge and understanding of Agriculture as they progress to HSC part of the subject.



POSITIVE BEHAVIOUR FOR LEARNING



This week is the last of our Cooperative group activities. The students enjoyed the tasks and it was great to see lots of positive behaviour and encouragement to work as a team – **Together Everyone Achieves More**. Lessons for the remainder of the term will focus on refreshing our expectations in areas of need.

Market Day will be held at the end of term, where children are able to spend their well earned Tully Bucks on activities and in the shop. Any donations of saleable goods would be gratefully received, thank you to the many families who have already donated to the Market Day Shop. If you are wondering what you may be able to donate..... books, toys, clothing, water bottles, school supplies, vouchers, lunchboxes, jewellery are just some of the items that have been donated previously.

SCHOLASTIC BOOKCLUB

Bookclub order forms were handed out to students yesterday. If you wish to place an order please return order forms and payment to the school office by Wednesday 19th November.

COMMUNITY NEWS

TULLAMORE TALES – YOUR COMMUNITY NEWSPAPER

Submissions for the December edition of Tullamore Tales are due by 25th November. There will be no extensions to this date. This is the last tales of 2014 so if you also have dates for events in January if these could please be submitted with the December materials it would be appreciated. Tullamore

Tales edition 1 of 2015 will be for the February edition. All material for this edition needs to be submitted by January 25th 2015. If you have a news story, special announcement, sporting results or some photographs of a recent event, please email them by this date to tullamoretales@gmail.com

**TULLAMORE HEALTH SERVICE
APPOINTMENTS
Phone 6892 5003**

Physiotherapy

Every Thursday, phone for appointments.

Wellness Checks

Drop in to see the Community Health Nurse for a blood pressure, blood sugar check, weigh in or chat. Appointments can also be made for visiting specialists at this time. All free and confidential.

Crops Playgroup

This playgroup is now weekly at the Tullamore CWA rooms on Tuesdays, **except during the school holidays**. Phone 6862 1872 for more information.

Family and Childcare Clinic

Gemma Horsburgh has taken on the position of the Family and Childcare Nurse for Tullamore. Phone the Health Service to arrange an appointment.

Women's Health Nurse

Phone to make an appointment at the Tullamore Health Service on 6892 5003.

Morrison Family Eye Care

Morrison's Eye Care will be in Tullamore on Thursday 27th November. Phone the Health Service for an appointment.

Dietician

Next clinic is Thursday 4th December 2014. Phone the Health Service to make an appointment.

Podiatrist - Ring Sam on 6863 4171 for appointments.

Youth Mental Health Service

Visit Tullamore. For more information, please phone 6360 8000.

A Diabetic Educator

The next visit is Tuesday 25th November at Dr Newton's surgery. Phone the Dr's surgery on 6892 5285.

Sexual Assault Counselling Service

Now visiting the Tullamore area on a fortnightly basis, this is free of charge and is strictly confidential phone 6861 2500 for an appointment.

The School Dental Service

Conducts clinics at Trundle and Tottenham regularly. For an appointment phone 1300 552 626.

Australian Hearing

Will be at the Tullamore MPHS on Wednesday 5th November for free a 15 minute hearing screening, phone the MPHS for an appointment.

**TULLAMORE AMATEUR SWIMMING
CLUB (TASC)**

All TASC shirt and costume orders were due on **Wednesday 5th November**. At present we have 12 costume orders and to be able to complete an order we require 25 costumes to be ordered. If you would like to order club costumes then please see Mel as soon as possible on jmalvey@bigpond.com or 6892 5562, so we can get the order processed if possible.

Trundle will be joining our time trials on Wednesday 19th November for the first inter town time trial event. The time trials will be followed by the R Akhurst and J Moloney shield by competing in a 10X50m relay with Trundle ASC vs Tullamore ASC. All members are invited to attend the event. We will also travel to Trundle in 2015 for the Trundle inter town meet.

Tullamore ASC will be running a drinks and nibbles raffle this year that is hoped to be drawn at the Tullamore Bowling Club later in the year. All donations are greatly accepted into the baskets that will be located at Tullamore General Store and the Tullamore pool. If you would like to donate alcohol then this will need to be given to a committee member please. All tickets will be \$2.

Thank you to all those volunteers who helped out with time keeping, marshalling and recording last week.

Our club relies heavily on volunteers each week to help us carry out the time trials. It would be great to see different faces, sticking their hand up to help out each week. We also require one parent volunteer who will be our Parent on Duty volunteer who is required for each time trial meet and is to supervise any younger family members of volunteers for the club and will wear a fluoro yellow vest. Please approach one of our committee members at our time trials and they will let you know what roles need to be filled for each meet.

Registrations should all now be completed. If you have not registered by our swim meet on Wednesday 12th November, then you will not be able to compete until your registration has been completed. If you have any problems with the registering process then please contact our club registrar, Cristine Stevenson on 0423 286 794.

Training sessions will begin this week with Mel Alvey. However due to other commitments they will only run on Friday 14th November. Junior swimmers (aged 6-8 years and less confident swimmers) will run from 4:00pm – 4:45pm and senior swimmers (aged 9 yrs + and more confident swimmers) will run from 4:45pm – 5:30pm. All swimmers attending training sessions **MUST** be supervised by a parent and also have goggles and flippers please.


Also please make sure that all TASC members arrive at our weekly time trials every

Wednesday before 4:00pm and are ready to swim. Late arrivals make it hard to marshall our races and catch up races will not be carried out.

Anyone wanting to attend the Parkes or Forbes carnival please contact our race secretary, Mel Alvey to enter by the cut off dates on the TASC noticeboard at the pool. Please also check this board for regular notices and upcoming carnivals too.

Next meeting will be Wednesday 3rd December at the conclusion of the time trials

Irene Gumbleton
TASC Secretary



OPENING IN 2015
Tullamore War Memorial Hall
Recreational & Competitive classes
Girls and Boys 3yrs – Adults
Mondays – Thursdays
Enrol now to ensure your spot.
All Enquires to Mandy Karaitiana
Email: Gymfun4every1@hotmail.com

TEE-OFF RESTAURANT

Thank you to all those who turned out for Heather and Mel Alvey's first night of cooking at the Tee-Off Restaurant at the Albert Golf Club, your support is greatly appreciated. We are now taking bookings for Christmas parties as the festive season creeps up on us. Please contact Heather on 68925121

or Mel 6892 5562 to make a booking, with at least one weeks notice please.

TRUNDLE JUNIOR RUGBY LEAGUE

Next meeting details

When: Tuesday 18th November 2014

Where: Trundle RSL Club

Time: 7:30pm

Everyone is welcome to attend

S & K MANN CARPET DRY CLEANING

The above carpet dry cleaning company will be visiting Tullamore in the near future. If you wish to have your carpets or any upholstery drycleaned please phone the company on 02 6862 1121 or mobile No 0428 634 213 for further information.

BRING JASON HOME APPEAL

We are seeking the winning bidder from the “Bring Jason Home Appeal” fundraising Auction, who purchased the Family Season ticket pass 2014-15 for the Tullamore Swimming Pool Appeal. Please call Leanne on 6892 5092 to claim your ticket.

GET READY FOR CHRISTMAS

Saturday 15th November 2014

9:00am -12pm at the Presbyterian Hall.

☐ Make **beautiful cards** with Jo (Ph:6892 1071)

3 simple cards for youngster - \$6.00

3 complex cards for adults - \$12.00

☐ Attractive **gift tags** with Sandra (0429 144 431)

10 gift tags using stamping - \$5.00

But wait—there’s more!

Saturday 22nd November 2014

9:00am - 12pm at the Presbyterian Hall.

☐ Delightful **tree deco** with Kayleen (6892 1131)

2 Christmas tree decorations - \$5.00

☐ Make a book/notelet with Eliza and Grace (6892 1158)

4 Booklet &/or notelet - \$5.00

Please specify ages of primary aged children when booking in as places are limited.

Everything you need will be supplied.

PUPPIES FREE TO A GOOD HOME

Collies

4 males and 2 females

Good working parents

Brown and white, black and white and black

Please phone Max on 0429 662 336 for further information.



TULLAMORE

HEALTHY TOWN CHALLENGE 2014

Activities

Due to being a twin town challenge Tottenham

Activities can also be utilised by Tullamore residents.



Social Swimming -

Anyone wishing to swim Laps at the pool, just ask Leanne Porter who is happy to rope off lap lanes for you. Get a group together or on your own. Phone 68925092 for more info

Tai Chi - Jenny Day will commence Tai Chi for beginners March 2015, more information will be given closer to the date. Phone 6892 5003 for more information or to leave your name and Jenny will phone you.

Weekly Weigh-ins - Ring Dr Newton's surgery 68925285 and make an appointment with Mieke for a weigh in, diet information or any other information. Please phone prior to attending surgery. Appointments will be made for Wednesday mornings.

Walking Groups - organise a walking group with a group of friends. A walking group will be organised in the New Year.

Zumba – Zumba with Mili classes have already commenced in Tottenham everyone is welcome to attend these classes. Mili is keen to commence classes in Tullamore please phone her on 0451998599 or email on migara55@hotmail.com , to get more information and show your interest in these classes commencing in Tullamore. website is www.milogros123.zumba.com to view.

Aqua Aerobics – At present there are several people who are scheduled to commence training early December. More information to follow after training is completed.

Senior Exercises – Phone Kelly Dunn for more information on 68925003

Remember to ask at the Tullamore Store for their weekly special, try out their sandwich bar for fresh sandwiches, salads, wraps and fruit salad.

NOVEMBER WEIGH IN and HEALTHY MORNING TEA will be held at Tullamore Health Service on Thursday 27th November from 9am to 11am. Drop in for a cuppa and a chat with other participants.

Helen O'Dea, Sally McMahon & Kelly Dunn Tullamore MPHS 0268925003
tullamoregethealthy@gmail.com

[Or Kelly And Mieke at Dr Newton's surgery 68925285](http://www.milogros123.zumba.com)

THANK YOU TULLAMORE.

The community has registered over 60 participants
in the Healthy Town Challenge.

Become a leader in an activity you would like to be
included in the Challenge.

Activities are being organised.

A meeting will be held with leaders and a program
will be made available.

Keep up the good work with the Get Healthy Information
and Coaching service.

Our town can do this!!!!

Registrations can be taken until 15th November.

Online: www.gethealthynsw.com.au

Phone: 1300 806 258

or see Sally and Helen at Tullamore Community Health 6892 5003

or Kelly and Mieke at Dr Newton's surgery 6892 5285

Talking like a learning champ!

LEARNING BLOCKERS



I am dumb I can't do it.

This is boring.

This is too hard. I don't want to do it.

There is too much to do.

I am tired.

I want to do something else.

I don't want to work with him/her.

What can I say to help children change their mindset

You are not dumb- you just don't know this yet. Our brains are designed to learn new things. Let's work on this together.

Can you figure out why you are being asked to learn this? How does this apply to your life? Let's find out together.

When we are learning new things it can be hard. I am glad you noticed that this was a bit tricky. I am also glad that you are not doing things that you already know how to do.

We can break this down into smaller parts so it doesn't seem so big. What part should/could we do first?

Sometimes when I have been using my brain for learning I get tired, too. Can you set yourself a smaller goal to see if you can complete some of this?

Sometimes I feel like that especially when it seems like it will take forever. Can you think of a way to stop yourself from being distracted while you get this done?

You have so much to offer. I think they could use your ideas here. When we work together we can learn so much more because we learn things from each other.

Adapted from 'The Learning Powered School' 2011 Guy Claxton, Graham Powell, Maryl Chambers, Bill Lucas TLO limited