

TULLAMORE CENTRAL WEEKLY

Tullamore Central School
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Executive Staff

Principal:
Mr Peter Nichols

Assistant Principal
Mrs Donna-lee Horsburgh

Head Teacher Secondary Studies:
Miss Natasha Shankelton

Parents & Citizen's Association

President:
Mr P.J. Edwards

Secretary:
Mrs Melissa Alvey

Treasurer:
Mrs Cindy Larkings

Tullamore Central School is a Positive Behaviour for Learning School. At Tullamore Central School we are:

RESPECTFUL
RESPONSIBLE
COOPERATIVE
HONEST



OUR SCHOOL IS AN ALLERGY AWARE COMMUNITY

CONGRATULATIONS TO OUR WONDERFUL AWARD WINNERS (AT THE BOOK FAIR !)



FOR SALE...THE SHREDDER..NOT JYE AND MIKALA! (SEE INSIDE FOR DETAILS)



TUESDAY 21st OCTOBER - TERM 4: WEEK 3, 2014

COMING EVENTS

2014

Term 4

Week 3

Tuesday 21st-Fri 24th Oct	Year 5/6 Sydney Excursion
Friday 24th October	VIP visitors – Troy GrantMP Endeavour Foundation Rally Nominations for 2015 Captains and SRC due

Week 4

Wednesday 29th October	Jump Rope for Heart
Friday 31st October	District Tennis Tottenham

Week 5

Monday 3rd November	P&C meeting 7:00pm Tullamore Hotel
Tuesday 4th November	Super 8s Cricket at Dubbo CharlesSturt University Open day at Dubbo
Wednesday 5th November	Primary Assembly Hosts K/1 Elections for 2015 Captains/SRC

Week 6

Thursday 13th November	4T's Band Day at Yeoval
Friday 14th November	K/1 Excursion to Dubbo "Pete the Sheep"

Week 7

Monday 17th November	Year 7 – 10 Exam week
Thursday 20th November	Gobondery Shield at Tullamore (Primary)

Week 8

Monday 24th November	Intensive Swimming Program starts (2 weeks)
Wednesday 26th November	Gobondery Cup at Tullamore (Secondary)

Week 9

Monday 1st December	Year 9/10 Work Experience commences (2 weeks) P&C meeting at the Club
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Week 11

Tuesday 16th December	Presentation Night 7:00pm
Wednesday 17th December	Infants Christmas party Market Day Last day of 2014 for students
Thursday 18th December	Staff Development Day

2015

Tuesday 3rd February	Staff return for 2015 (Western)
Wednesday 4th February	Students return 2015 (Western)

PRINCIPAL'S REPORT Principal's Report

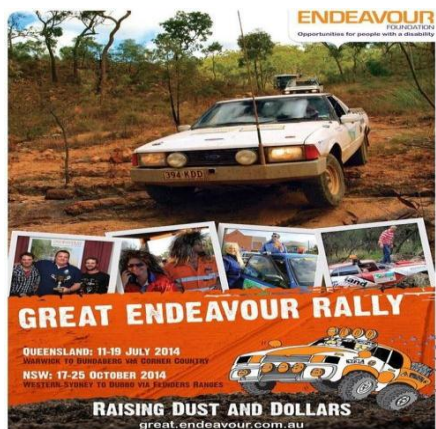
Pink Ribbon

Next Monday in support of the Tullamore Health Service Pink Ribbon day fundraising event, we are having a Pink MUFTI Day. All students and staff are invited to wear something pink and bring a gold coin donation to support fundraising for Breast Cancer research and support. All funds raised will go directly to the Cancer Council.



Endeavour Foundation Rally

This Friday 24th and Saturday 25th the Endeavour Rally will visit Tullamore. Further information will be in the P&C report. If you are interested in more detail regarding the purpose of the rally and donating funds, please go to www.great.endeavour.com.au



Shredder

As shown on the front page, Tullamore Central School is selling a Viking GB480 shredder with Briggs & Stratton 8 horsepower petrol motor, in good working order. If you are interested please submit a tender by email to peter.m.nichols@det.nsw.edu.au or in a sealed envelope marked confidential 'Attention Principal', by October 31st. Minimum accepted offer is \$200.

Captains and SRC

A courtesy reminder that all nominations for 2015 captains and SRC are due this Friday 24th October. Please contact Mr Nichols or Miss Shankelton if you have any questions.

School Planning

Currently we are in the process of developing the Tullamore Central School Management plan for 2015-2017. An essential part of this process is consultation with parents and community. Currently I am developing a survey which can be done online where parents and community can offer suggestions and feedback in relation to various aspects of school operation. Further information will be provided about this in coming weeks. At the next P&C meeting on Monday 3rd November I

will provide some further information regarding the school planning process.

Winners are Grinners

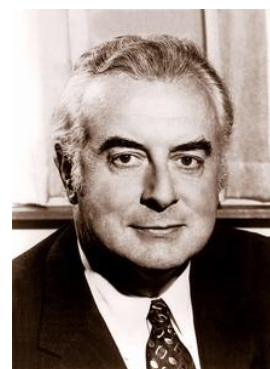
Congratulations to our assembly award winners for week 3

Principal's Awards – *Positive start at Tullamore CS* – Rylie Stevenson

Primary Awards – *'Taking pride in work'* – Kalista Perks, Isabella Horsburgh, Paris Curr

BRATS Awards – Aaliyah Stevenson, Lachlan Curr, Samantha Edwards, Dylan Davison, Sam Horsburgh, Sophie Laing, Logan perks, Codie Powell, Amie Walker

R.I.P. Edward Gough Whitlam (1916-2014)



Australian National Flag to fly at Half-Mast Tuesday 21 October 2014

**The Honourable Edward Gough Whitlam
AC QC**

MESSAGE: The following message has been received from the New South Wales Department of Premier and Cabinet, Protocol and Special Events Unit this morning:

"Australia today mourns the passing of its 21st Prime Minister (1972-75), the Honourable Edward Gough Whitlam AC QC. He provided a lifetime of service to Australia in the Royal Australian Air Force, as a parliamentarian, as Prime Minister and as an ambassador."

Quote(s) of the Week

This week you get 6 quotes for the price of 1. These were included in my address to the Year 12 graduates at their formal and having been asked to include them, so here they are. The

gist of it was they would experience many different emotions leaving school and entering the big bad 'real' world, so if any of these quotes help at all then that's great! The girls are currently getting through their HSC exams, once again I wish the girls all the best for the exams and their futures.



Feeling complacent ? - *'adventure may hurt you, but monotony may kill you'*

Feeling tentative ? – *'the journey of a thousand miles begins with one step'*

Feeling anxious ? – *'you are braver than you believe, stronger than you seem and smarter than you think'*

Feeling sad ? - *'don't cry because it's over, smile because it happened'*

Feeling excited ? – *'go into the world and do well, but more importantly, go into the world and do good'*

Feeling scared ? - *'keep calm, nobody else really knows what they're doing either!!'*

Peter Nichols
Principal
Tullamore Central School

SUNSMART

Our weather is certainly warming up! Please ensure your child/ren have their green wide-brim or bucket hats to wear at school. NO CAPS are to be worn as they are not Sunsmart. If children do not have the correct hats they will only be able to play in the shade. This also applies to PE and Sport lessons so please come to school prepared.

P&C NEWS

This Friday 24th October the P&C will be catering for approximately 100 people who will be visiting Tullamore with The Great Endeavour Car Rally. The P&C will be doing dinner on Friday at 7:00pm and breakfast on Saturday morning at 7:00am. We would love volunteers to help out with moving trestle tables into the food pavilion on Friday morning, if you are available to help out then please see Mel or Cindy. We are also after volunteers to help out on Friday night from around 6:30pm at the showground. We will also require helpers from around 6:00am on Saturday morning to help out with prep and cooking breakfast as well as the clean up. If you are available to help out in any way then please see Mel or Cindy.

The community is also invited to attend this event at the showground, however there will be no food available for extra visitors but a bar and karaoke entertainment will be available on the night for our mini Irish Festival themed gathering. The cars are set to arrive at around 3:30pm, so if you would like to join them for a chat and to check out the cars at the showground, we would love you to join us.

Thank you to the K/1 class at Tullamore Central School who have kindly created and donated a handmade reindeer canvas and to the Edwards family who donated a fit band for the P&C to raffle off at the rally on Friday night.

The rally is a great opportunity to fundraise for the P&C and we would also like to thank the Irish Festival committee and the Tullamore Show committee for helping to support the P&C with this event.

The P&C has also begun plans for the 125 years of education at Tullamore celebration that will be held on the October long weekend in 2015. We are asking for volunteers to help out and join a sub-committee that can plan and organise this event. If you are interested in being on this committee then we would really

love to see you at our next meeting to discuss plans for the event.

Unfortunately the P&C has had to postpone the trivia night until first term in 2015, due to a conflict in dates and events this term, sorry again for any inconvenience.

The next P&C meeting will be Monday 3rd November at 7:00pm at the Tullamore Hotel. All apologies to Mel Alvey on 6892 5562 or jmalvey@bigpond.com

Mel Alvey
P&C secretary

BOOK FAIR GARDEN – LET’S GROW READERS!

Our Book fair was up and running in the Library yesterday. There are some beautiful books and great reads for sale. Come along, browse and buy a book or two for yourself or as a gift. You could take the opportunity to donate a favourite book to the library.

Opening times

Thursday 23rd October: 9:00am – 4:30pm

Monday 27th October: 9:00am – 1:00pm
and after school

Tuesday 28th October: 9:00am – 1:00pm

Wednesday 29th October: 9:00am – 4:00pm,
all day!

Thursday 30th October: Packing up day!

Purchasing

The brochure sent home is only an example of what is available. Children are able to fill out a ‘wish list’ and take it home for your approval. Payment for orders may be made by cash or a cheque made out to Tullamore Central School or:

1. Fill out the traditional credit card form which is available at the Fair.
2. Make an online payment using your smartphone
visit www.scolastic.com.au/payment to make a secure credit card payment.

1. Phone payment – Free call 1800 557 908. Make an instant payment through this easy and secure automated service.

PLEASE NOTE:

The Tullamore Book fair number is 6337554
You will be given a receipt number which we ask you to record and send in or phone in to the office. We require these to complete our sales summary.

Book Fair Competitions

We have five \$15 book vouchers to be won while the Book Fair is running. Winners will be drawn Wednesday morning, 29th October 2014, and may select a book to the value of \$15.

1. Secondary – Guess the number of pages in the book tower
2. Primary - Guess the number of pages in the book tower
3. Primary – Colour in and draw a border around the spring flowers. (MUST have name on BACK)
4. Everyone – Guess the number of bookworms in the jar
5. Everyone – lucky door prize for all children who view the books.

Janette McCosker and Deanna Bye



PRIMARY PIECES

CORRECTION! CLASH OF DATES!

Primary Assembly

Please note the change of date for Primary Assembly. Our first assembly to be hosted by K/1 will be on Wednesday 5th November.

K/1 news

Homework

A few more reader bags have been coming in over the past week which is great. Please help your child remember to return them to school each day.

Spelling

Yr 1

Spelling - /al/ as is talk. Activities as per homework books.

Maths: Unit 30.

Kindergarten – sight words spelling and maths worksheet.

Please return all homework on Friday

Donna-lee Horsburgh

K/1 Teacher

Year 2/3/4 Information

This term our class is learning about our local environment. A fun project will be sent home next week about the environment. We are also looking at how pictures can tell a story and learning different visual techniques.

Homework

Year 2

- Maths homework-29
- LSCWC and 2 activities
- Home Reader-returned each day



Year 3 & 4

- Maths homework- Unit 30
- LSCWC and 2 activities
- Read for at least 10 minutes each night

Homework Raffle

Each week that a 2/3/4 student completes both their maths and spelling homework, they get 2 tickets into the homework raffle. This raffle will be drawn at the end of the term. First prize will be a \$20 gift voucher and second prize will be a \$10 voucher for either Smiggle or Big W.

Equipment

Please continue to replenish your child's pencil case with the essential equipment needed every day in class, including pencils, pens, glue, scissors and erasers.

Lauren Gaiter

Year 5/6

Excursion

Away till Friday on our excursion. Having lots of fun!

Thanks

Carmel Laing and Belinda Lindsay ☺

SECONDARY NEWS

There are a few short reminders that follow in this section for secondary students and their parents:

Student Stationary Supplies

Students are reminded that they need to provide their own stationary supplies, eg. Pens, pencils, glue sticks etc. These need to be brought with them to EVERY lesson. Too many students recently have been not prepared for learning as they have not had their required equipment. Remember our PBL Classroom expectations – Being Responsible is being prepared for learning!

Work Experience

Work Experience for 2014 will be held this term over a 2 week block from 1st – 12th December. Those students who are attending placements at hospitals with outstanding paperwork that needed to be finalised over the holiday break need to ensure that this is returned in preparation for your placement as your health clearance needs to be completed 8 weeks before your placement. Students who have returned their paperwork will receive an employer package soon with details of their placement and their requirements.

Transition Information Afternoon

The Year 6 – 7 transition information afternoon will be held on Wednesday 29th October 2014 at 3:45pm, in the K/1 Room. The Transition Program also aims to support the parents of transition students so they feel informed and can support their child's smooth transition from Primary to High School.

The Year 7 2015 Parent Meeting is on the same afternoon as the Kindergarten transition

parent meeting and will be combined for the beginning of the meeting, then separate for sessions for Kindergarten and Year 7 Parents and conclude with an afternoon tea.

The taster lesson program and other high school subject requirements and our school handbook will be given out at the parent meeting and it is a valuable time to ask questions and network with other parents.

We look forward to meeting with you and supporting you and your child in their transition to High School. Please contact the school on (02) 6892 5005 if you have any questions regarding this program or the parent meeting.

Examinations

Secondary yearly examinations are fast approaching. Students are reminded that these exams will occur in week 7 of this term. Students will receive their examination timetable early next week and it will also be published in the newsletter.

Essential Science Skills Assessment (ESSA)

Students in Year 8 will be participating in the annual ESSA testing. This test is completed in an online environment. Students at Tullamore will complete the test on **Monday 10th November** during periods 6 and 7. Students will need to bring a set of ear phones so that they can hear the audio part of the test. Students need to ensure that they are here on that day so that the test is completed as per the state required timeframe.

Have a great week!

Miss Natasha Shankelton
Head Teacher Secondary Studies

SPORT

Upcoming Events

Primary

CRL visit on Monday 27th October at Tullamore

Jump Rope for Heart on Wednesday 29th October at School

District Tennis on Friday 31st October at Tottenham

Sport at pool starts on Friday 7th November at Tullamore

Gobondery Shield on Thursday 20th November at Tullamore

Intensive Swimming 24th November to 5th December

Secondary

CRL visit on Monday 27th October at Tullamore

Super 8s Cricket on Tuesday 4th November at Dubbo

Sport at pool starts on Wednesday 5th November at Tullamore

Gobondery Cup on Wednesday 26th November at Tullamore

Please see Miss Richards for more information regarding any of these dates. If you are interested in attending Western Region trials for a specific sport please contact me directly. A calendar of these events is linked below:
<http://www.sports.det.nsw.edu.au/western/calendar/index.htm>

Jump Rope For Heart

This year Jump Rope for Heart will be held on Wednesday 29th of October.

Sponsorship forms are available in the office if you require more. All money raised will be sent to the Heart Foundation.



District Tennis

Congratulations to Rhiannon Bolam, Paris Curr, Zarli McAnaney, Lily Aveyard, Connor Cashman, Will Bolam, Hamish Larkings and Charlie Harvey who have been selected to

represent Tullamore at the district tennis competition in Tottenham next Friday. Permission notes for this will go home later this week as most students are on the excursion.

Cordials, soft drinks and sports drinks

Cordials, soft drinks and sports drinks are high in sugar, and often contain artificial colourings and flavourings as well as caffeine. For these reasons, cordials, soft drinks and sports drinks should be reserved only for special occasions. Too much of these drinks lead to excess consumption of sugar and kilojoules, which may lead to weight gain and tooth decay. Take a look at the sugar content found in these drinks:



As you can see, water has zero spoons of sugar making it the best option. Choose water as a drink whenever possible.

<i>Drinks</i>	<i>Teaspoons of sugar</i>
Can of soft drinks – 375 mL	8 to 9 tsp
Bottle of soft drink – 600 mL	15 to 18 tsp
Fruit juice drink 250 mL	3 to 5 tsp
Cordial – 250 mL diluted	4 to 5 tsp
Water	0 tsp

CRL – Backyard League Visit

Tullamore students have been lucky enough to be involved in a great initiative set up the CRL. Students have been taking part in skill development games to help promote the sport on a local level. Our last session will be held next Monday 27th of October. At the end of this session all participating students will receive a free football to practice with.

Next Year Trundle junior rugby league is hoping to be able to form and they are looking for local players to fill the teams. The senior league is still going strong and being able to have players come up through the junior ranks would be of great benefit for the longevity of the game locally. Next year Trundle will also be forming a **women's league tag** team so if you are interesting in playing in this team or know of someone who might be then please let me know.



Cassie Richards
Sports Coordinator



Each week there will be a newsletter article promoting courses run across the Western Access Program. This program is highly successful in delivering a wider curriculum across our schools, maximising student choice and achievement.

Sport, Lifestyle and Recreation – Trish Morgan - Trundle

Sport, Lifestyle and Recreation develops in each student the knowledge, understanding and skills needed to adopt active and health-promoting lifestyles. Through Western Access the Year 11 and 12 students study the same units at the same time. This year students have completed modules on Healthy Lifestyles, Athletics and First Aid. The Healthy Lifestyles topic allowed them to learn factors that influence a balanced lifestyle. During the First Aid unit students learnt how to deal with an emergency. Whilst the Athletics module allowed them to learn about the skills, equipment, biomechanics and technology used in athletics events.



Luke Watt from Trundle practicing his CPR and demonstrating the biomechanics of the javelin

POSITIVE BEHAVIOUR FOR LEARNING

This week we continue our cooperative group activities. These activities challenge the students to work as a team to complete tasks – ask your child about the circle lap sit task from last week!!!



Whole School Reward Day

As the 'Tube' in the office is now full the students have earned themselves a reward day!! Congratulations students, your reward day is to be held on Thursday 30th October and will be an adventure themed day – A Tullamore Central School version of The Amazing Race.

ORDERING OF SCHOOL GROUP PHOTOS

The following group photos are on display at school and are available for order:

Band:	\$15.00
SRC:	\$15.00
Swimming:	\$15.00
Debating:	\$15.00
Public Speaking:	\$15.00
House Captains:	\$15.00
School Captains:	\$15.00

Whole School Photo: \$20.00

Envelopes are available from the school office. Please return the envelopes with the correct money enclosed to the school office by Friday 31st October

COMMUNITY NEWS

TULLAMORE TALES – YOUR COMMUNITY NEWSPAPER

Submissions for the November edition of Tullamore Tales are due by 25th October. If you have a news story, special announcement, sporting results or some photographs of a recent event, please email them by this date to tullamoretales@gmail.com

TULLAMORE HEALTH SERVICE APPOINTMENTS Phone 6892 5003

Physiotherapy

Every Thursday, phone for appointments.

Wellness Checks

Drop in on to see the Community Health Nurse, for a Blood Pressure, Blood Sugar check, weight or chat. Appointments can also be made for visiting specialists at this time All free and confidential.

Crops Playgroup

This playgroup is now weekly at the Tullamore CWA rooms on Tuesdays Phone 6862 1872 for more information.

Baby/ Early Childhood Clinic

Gemma Horsburgh has taken on the position of the Child and Family Health Nurse and will be offering a mobile clinic also if applicable. Phone the Health Service to arrange an appointment.

Women's Health Nurse

Phone to make an appointment at the Tullamore Health Service on 6892 5003.

Morrison Family Eye Care

Phone the Health Service for an appointment, we need at least 10 names on the list prior to organising a date for this visit.

Podiatrist - Ring Sam on 6863 4171 for appointments.

Youth Mental Health Service

Visit Tullamore. For more information, please phone 6360 8000.

A Diabetic Educator

The next visit is Tuesday 25th November at Dr Newton's surgery. Phone the Dr's surgery on 6892 5285.

Sexual Assault Counselling Service

Now visiting the Tullamore area on a fortnightly basis, this is free of charge and is strictly confidential phone 6861 2500 for an appointment.

The School Dental Service

Conducts clinics at Trundle and Tottenham regularly. For an appointment phone 1300 552 626.

Australian Hearing

Will be at the Tullamore MPHS on Wednesday 5th November for free a 15 minute hearing screening, phone the MPHS for an appointment.

TULLAMORE PA&H ASSOCIATION

The next meeting of the Tullamore PA&H Association will be the Annual General meeting which will be held on Tuesday 28th October at the Tullamore Bowling Club commencing at 7:30pm. A general meeting will be held following the Annual General meeting. All welcome.

TULLAMORE AMATEUR SWIMMING CLUB (TASC)

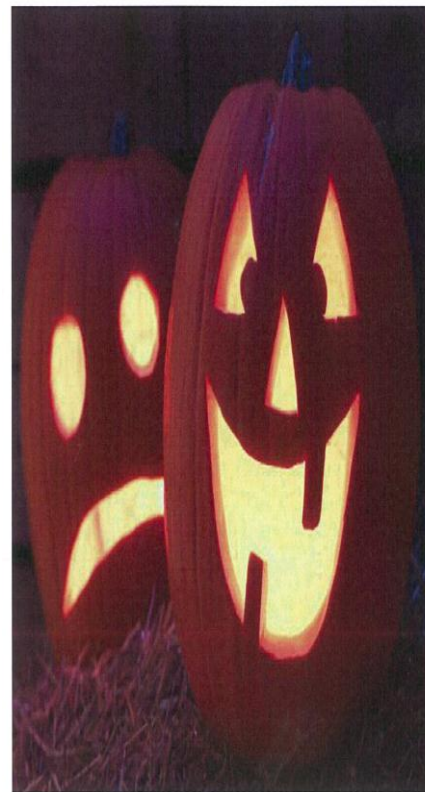
Registration packs for the 2014/15 season have gone out to all existing members. If you would like your child to join Tullamore Amateur Swimming Club and they weren't a member last year then please contact Irene so we can organise a registration pack for your family. Children must be able to swim at least 15 metres unaided by a floatation device and in a recognisable stroke to participate in swimming club.

By now all existing members should have received an email with a link to follow to complete their registrations online. Please make sure this is completed before our first swimming club meet. Our first swim club meet for the year will be Wednesday 5th November from 4:00pm. All swimmers should be organised and ready to swim by 4:00pm please.

Training sessions will again be running this year and will begin after the kids have had a few weeks to settle into swimming club time trials. Tracey Edwards and Mel Alvey will be running these sessions and they will run on Thursday and Friday afternoons. Our swimming club costume size kit should be arriving this week, so for anyone who is interested in ordering costumes, then I strongly advise you try them on for size as they are made 2-4 sizes smaller than normal swimmers. Please contact Mel if you would like to organise a time to try these on. Please note that all costume and shirt orders need to be given to Mel by Wednesday 5th November.

Congratulations to Kelly Curr who was the winner of our family season pass raffle. Our next meeting will be Wednesday 5th November at the conclusion of our time trials, all apologies to Irene Gumbleton at bluenea1993@outlook.com or phone 0478 752 418.

Irene Gumbleton
TASC secretary



FRIDAY 31ST OCTOBER TPSCCC HALLOWEEN DISCO



3-4pm bring a plate to share and join us afterwards for trick or treating fun!

Dress Up

Face Painting

Tasty Treats

Community

Dancing

Contact Tullamore
Preschool & Child Care
Centre
68925012
For any further
information

Tullamore Healthy Town

Challenge 2014



CHANGE OF DATE:::

Due to circumstances,

the Launch of the Challenge is now

Wednesday 22nd October FROM 10AM

TO 12MD AT THE Tullamore Bowling Club

Registrations can be taken also on Friday

24th October at the Tullamore MPS

Street Stall or by phone or online



**Contact Community
Health 68925003 for
more details or head
down to the launch!!**

NEW DATE FOR

LAUNCH

WEDNESDAY 22nd OCTOBER

Tullamore Bowling Club

10-12noon includes

Free Healthy Morning Tea !!